

## Obeying Jesus Commands: Take up my yoke and learn from me 10/17/21

*“Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls For my yoke is easy and my burden is light.”  
Matt 11:29,30*

The Father Revealed in the Son Matt 11: 25-30

25 At that time Jesus said, “I praise you, **Father**, Lord of heaven and earth, because you have hidden these things from the wise and learned, and **revealed them to little children**. 26 Yes, **Father**, for this is what you were pleased to do.

- Do you have enough humility, dependence, and trust to sustain your faith? Without these childlike qualities, we will never be able to grow the way God wants us to. Our character/integrity and competency/skill will be unsustainable and not respected.

*“All these things my hand has made, and so all these things came to be, declares the Lord. But this is the one to whom I will look: he who is **humble and contrite in spirit and trembles at my word.**” Isa 66:2*

*“For the eyes of the Lord move to and fro throughout the earth so that He may support those whose heart is **completely His.**” 2 Chron 16:9*

27 “All things have been **committed** to me by **my Father**. No one knows the Son except the **Father**, and no one knows the **Father** except the Son and those to whom the Son chooses to reveal him. 28 “Come **to me**, all you who are weary and burdened, and I will give you rest. 29 Take **my yoke** upon you and **learn from me**, for I am **gentle** and **humble** in heart, and you will find rest for your souls. 30 For my yoke is **easy** and my burden is **light.**”

- The meaning of “my yoke is easy” means “my service or burden is easy.” The yoke balances the burden and makes it easier to manage. Helps you stay closer too!
- Jesus directed His call to those who were burdened. He called those who sensed they must come to Him to relieve their need instead of living in self-sufficiency.
- Gentle: Humility, thankful to God, polite, restrained behavior toward others
- Humble: Lowliness of mind—heart attitude, not merely an outward demeanor. **H.U.M.B.L.E.** – Childlike dependence on God – teachable! **Ps 25**

What does it take to become a mature Christian?

### Seven Healthy Habits

M

A

T

U

R

E

S

(Eph 4:11-13; Col 1: 25-29)

### Questions for Consideration:

- 1) How has God touched you this morning through His word?
- 2) What adjustments in your life do you need to make as a result?
- 3) What has God hidden from the wise and the learned? Why did He hide it?
- 4) What does He mean by “children” in verse 25?
- 5) What does the “yoke” represent? What kind of yoke are we supposed to carry?
- 6) “Easy”? Does it mean that we will not have any affliction while serving Him?
- 7) What burdens are you carrying right now by yourself? Release them to God.
- 8) Which areas of maturity do you need to improve? What steps can you take?
- 9) Discuss your fears, doubts, or obstacles to achieve maturity in Christ Jesus.
- 10) Pray for each other and the coming church-wide outreach to our community.